

Covina-Valley Unified School District

Community Resource Guide



INTRODUCTION

This booklet, prepared by the Student Services Department of Covina Valley Unified School District, is a community resource, referral list of services classified under simply stated headings. We believe the guide is a positive beginning for someone in need of special health or social service assistance.

Consult the alphabetical classification index for a particular type of service you desire. If you are unable to locate the service you need, call the **INFO LINE - 211** listed under Community Services. **INFO LINE - 211** is the largest information and referral program in California and a referral specialist can direct you to the most appropriate agency.

Every effort has been made to ensure the accuracy of the telephone numbers in this booklet. However, numbers and services do change. When you find a correction, please contact:

Students Services Department
Covina Valley Unified School District
519 E. Badillo St.
Covina, California 91723
(626) 974-7600 x. 2087

1. Community Resource Services Handbook

2. Adult Domestic Violence	1
Programs to provide response services and/or counseling to battered women. Counseling services include, but are not limited to, short or long-term counseling by peers, volunteers or professionals, legal and financial advice, and referral of appropriate resources.	
3. Alcohol/Drug Abuse & Sober Living	1 - 3
Programs to prevent and treat problems of alcohol/drug abuse and/or misuse. Counseling and other support services to families of alcoholics.	
4. Child Abuse & At-Risk Youth	3-4
Programs to provide support services to children and youth (under the age of 18) who are in danger of neglect, abuse or exploitation. May include counseling for parents/guardians of abused or neglected children. 0-5 Programs-Programs for Pre-School Children.	
5. Child Care	4
Programs that provide childcare for preschool-age children.	
6. Community Services	4-5
Provides additional information & referral services to public community agencies.	
7. Counseling	5- 6
Programs assisting individuals or families who are experiencing social and emotional problems. Assistance in developing personal growth and improving communication within the family.	
8. Crisis Intervention	6 - 7
Programs which provide face-to-face immediate response services to emotionally-distressed persons who are in life-threatening situations.	
9. Emergency Services	8
Health care facilities capable of diagnosing and treating persons with acute life-threatening conditions or severe illness on a 24-hour basis. Law enforcement agencies included.	
10. Food Assistance Services	8-9
11. Health Services	9-11
Programs which help achieve and maintain physical well-being as well as preventing and treating acute or chronic disease, illness, injury.	
12. Homeless Services	11
13. Legal Services	11
Programs which provide professional or non-professional assistance directed at assessing and resolving individual, family or group legal problems and needs.	
14. Other Services	12-13



HELPFUL EMERGENCY LIST OF PHONE NUMBERS

ADULT DOMESTIC VIOLENCE

Department of Mental Health

Main Office
330 E. Live Oak Ave.
Arcadia, CA 91006
Monday – Friday 8:00am- 5:00pm
(626) 821-5858

Domestic Violence Hotline

Battered Women/Children
P.O. Box 2788
North Hills, CA 91793
(323) 681-2626
24 hr. hotline and emergency shelter for battered women and their children

House of Ruth, Claremont

(909) 988-5559 24-Hour Hotline
(909) 623-4364 Info line
Spanish spoken – Serves L. A. & San Bernardino Counties

L. A. County Bar Assoc./L. A. Superior Ct. Domestic Violence Project

(213) 624-3665 Information
9am -11:30 & 1:30pm -3:30 M –Th
8:00 – 12:00pm Friday
[Legal advice/assistance with temporary restraining orders- possible minimal fee]

Safety Education Center

1515 W. Cameron Ave., #300
W. Covina, CA 91790
M-Th 9am – 8:30pm, Fri. 9am-2:30, Sat 8am-12pm
(626) 960-3977

YWCA-Domestic Violence Services

(WINGS) (626) 967-0658
24-Hour Hotline/referral
Support for women & families experiencing domestic violence. Spanish, Chinese, Cantonese spoken

www.info@ywcasgv.org

ALCOHOL/DRUG ABUSE

1-800-RELAPSE (1-800-662-4357)

24 hour hotline on information and referral to substance abuse programs, free services
Spanish spoken

AEGIS MEDIC, West Covina

Outpatient detox program/maintenance (drugs)
Medi-Cal, sliding scale
Monday - Friday 5 am – 1:30 pm
1825 E. Thelborn St.
West Covina, CA 91791
(626) 915-3844

Al-Anon and Alateen

(213) 387-3158
For families of problem drinker
(www.alanonla.org)

Alcohol 24 hour Helpline

(800) 252-6465
(800) 821-4357 Spanish
Provides information, referrals & crisis interventions

Alcoholics Anonymous, San Gabriel

849 E Route 66 #D
Glendora, CA 91740
(626) 914-1861 24-Hour Helpline
9:00-6:00 Mon - Fri
9:00-3:00 Sat
Referral services for alcoholics anonymous meetings in San Gabriel & Pomona Valley area

Charter Oak Hospital/Aurora Behavioral

(626) 966-1632
(800) 654-2873 24 Hour Assessment
1161 E. Covina Blvd, Covina, CA 91724
Private insurance, fixed fee, AA meetings
www.aurorabehavioral.com

Drug & Alcohol Abuse Information/Referrals

(800) 662-4357
24 hour referral to alcohol & drug prevention & treatment programs and services

West Covina Medical Center

725 S. Orange Ave
West Covina, CA 91790
(626) 338-8481
Adult Day rehab

Nat'L Council on Alcohol /Drug

656 N. Park Ave.
Pomona, CA 91768
(909) 629-4084
Mon-Fri 9:00-6:00pm
Sliding scale/No one refused
Information/referral for alcohol, substance
Abuse , individual counseling/parenting
Classes/anger mgmt., drug testing \$20.- 38.50.

Narcotics Anonymous

(800) 863-2962 (Hotline, referrals)]
(562) 698-4604-Whittier
Website: www.ecana.org

River Community Day Treatment

510 S. 2nd Ave
Covina, CA 91723
(626) 974-8122
Azusa (626)910-1202 24 Hr/7days
Adolescents & admissions (626) 332-3145
Outpatient & residential mental health services
for adults, children, families & groups, drug &
alcohol treatment, group support, halfway house

**National Council on Alcoholism and
Drug Dependence (NCADD)**

4626 N. Grand Avenue
Covina, CA 91724
(626) 331-5316 (M-Th 8 am-9pm
Fri. 8 am – 5:30pm, Sat. 8:30-12:00pm)
Referrals to meetings, treatment, drug diversion
program, DUI school, group and individual
counseling, parenting classes, anger mngmt.
Spanish spoken

Pacific Clinics

Emphasis on outpatient mental health
(877) 722-2737 – Call Center
(626) 744-5230 Pasadena
(626) 9671667 Covina
(909) 625-7207 Pomona/Bonita Family Center
(626) 357-3258 Monrovia-
(626) 960-4020 Irwindale (only with homeless
population, walk-in facility)
Sliding Scale. Medi-Cal
www.pacificclinics.org

Puente House

Sober Living, Male/Female 18+
444 W. Badillo Street, Ca. 91723
Covina, (626) 967-3149

Santa Anita Family Services

Covina (626) 966-1755
716 N. Citrus Avenue, Covina, 91723
Monday – Thursday 8 am – 5 pm
Counseling 9 am – 7 pm
Monrovia (626) 359-9358
www.santaanitifamilyservice.org

SPIRITT Family Services

1505 S. Sunflower Ave.
Glendora, CA 91740
(855) 714-8800
Monday – Thursday 9 am – 5 pm
Friday with appointment only.
Alcohol/Drug Abuse Prevention Program
(626) 335-8153 (main office)
(562) 698-9436- Whittier
(626) 421400-El Monte (Spanish)
Family parenting communication skills program
\$75 – 7 sessions

Victory Outreach, La Puente

(626) 333-3171 or (626) 409-1582 (24 hrs.)
Tu-F 10am-4pm
Christian oriented, No fee
Spanish only

Stepping Stones House

17727 Cypress Street
Covina, CA 91722
(626) 967-2677
Residential substance abuse recovery home for
women. Residents cannot be taking psychiatric
medications. The program also has a sober
living home

Hope & Grace Recovery Services

865 W. Glentana, Suite 1
Covina, CA 91722
Outpatient, day treatment, HIV/AIDS, DUI,
seniors. Spanish spoken.

Kaiser Permanente Addiction Medicine

1539 W. Garvey Ave. North
West Covina, CA 91791
(626) 8146500
www.kp.org
Substance abuse treatment

Social Model Recovery

223 E. Rowland Street
Covina, CA 91723
(626) 332-3145
www.info@socialmodel.com
Treatment, education, prevention,
Co-occurring disorders.

SOBER LIVING

Dixon House Sober Living Center

17902 East Edna Place, Covina, CA 91722
(626) 332-1857

Our House

16825 E. Groverdale St.
Covina, CA 91722
(626) 339-0472

Room to Grow Program

570 S. Edenfield Ave
Covina, CA 91723
(626) 966-9689

Transitional sober living house for single women and women with children. Structured program with in-house meetings. Residents must provide their own food, and are required to work or attend school and attend outside AA/NA meetings. Length of stay is up to one-year.

Welcome to Life Sober Living Centers-

Transitional House/ 12 Step Program/
Rehabilitation – Male adults only
271 East Puente Street, Covina, CA 91724
(626) 318-1000



CHILD ABUSE

Girls & Boys Town National Hot Line

(800) 448-3000
Toll free crisis and resource referral services for children and parents. Highly trained telephone counselors to help deal with any problem.

Child Protection (Abuse) –

L. A. County Hotline

Department of Children's Services
Services
(800) 540-4000
English/Spanish spoken
24 Hours

Children's Bureau

14600 Ramona Blvd.
Baldwin Park, CA 91706
(626) 337-8811 – Closed Sundays
After hours phone (213) 342-0100
Mon-Thurs 8:30 to 7:00 pm
Tues-Wed 8:30 to 9:00 pm
Fri 8:30 to 4:30 pm
multi-service child welfare services child abuse, crisis intervention and shelter, in-home and office counseling, child respite care, parent education.

Child Help U.S.A (Abuse) - Hotline

(800) 422-4453
24 Hours, English only

Guardianship Pro Per Assistance Program- L.A. County

Probate Window
111 North Hill St., #426
Los Angeles, CA 90012
Probate Office/ Information Line
Rm. 258, 8:30am-4:30pm
Forms, fees (online)
(website: <https://www.lacourt.org/>)

La Puente Valley Community Mental Health

160 S. 7th. Ave. La Puente, CA 91746
(626) 961-8971
M&Th 9am-6pm
Tu&Wed. 10am-7pm
Fri. 8am – 5pm
Counseling, Spanish spoken

Masonic Home for Children

1650 E. Old Badillo St.
Covina, CA 91724
(626) 251-2200

The Family Center

(626) 967-5103 (Medi-Cal & Healthy Families)
(626) 966-1577 (adults)
9am – 8pm M-F
Crisis received; hours vary - counseling, parenting, and anger management.
Child Abuse treatment & prevention

The Alliance for Children Rights

3333 Wilshire Blvd.,
Ste. 550
Los Angeles, CA 90010-4111
9am -5:30 pm M-F
(213) 368-6010

AT-RISK YOUTH

Bienvenidos/Family Preservation

258 W. Badillo Street
Covina, CA 91723
(626) 430-9114
Emergency foster care, supervised visitation,
family support

Ettie Lee Youth & Family Services

754 E. Arrow Highway, Suite F
Covina, CA 91722
(626) 967-5082
www.ettielee.org
Fostercare, adoption agency.

Latino Family Institute

1501 W. Cameron Ave., Suite 240
West Covina, CA 91790
(626) 472-0123
www.lfiservices.org

San Gabriel Children's Center

4740 N. Grand Avenue
Covina, Ca 91724
(626) 859-2089
www.sangabrielchild.com

Serenity Infant Care Homes

600 S. Grand Avenue
Covina, CA 91724
(626) 859-6200
www.serenitykids.com

Trinity Youth Services

1520 W. Cameron Street, Suite 7
West Covina, CA 91790
(626) 966-1776
www.trinityys.org
Foster care placement, family support



CHILD CARE

YMCA Covina

351 Cypress Ave. Covina (6:30am-6:30pm)

Covina Development Center

Early Intervention Center
437 W. San Bernardino Rd. Covina, 91723
(626) 967-7153
7:15am – 6:15 pm – Daycare-M-F
8:00am – 4:00pm – Office-M-F

Options Child Development Center

9am – 5pm M-F
885 S Village Oaks Dr. #12, Covina, CA
(626) 858-0527

Covina-Valley's Kid's Corner

1024 W. Workman Ave.
Covina, Ca 91723
(626) 472-6330

COMMUNITY SERVICES

“211” Social Services Line, L. A. County

626) 350-6833 (or “211” –San Gabriel Valley)
Largest & most comprehensive human resource
information/referral service
English/Spanish spoken
24 Hours

Boys & Girls Club, San Gabriel Valley

(626) 443-2401
2740 N. Mountain View Rd.
El Monte, CA 91732
Youth ages 8 – 16 years

First 5 LA

Free school Readiness Program, ages 0-5 yrs.
Intake (866-304-4337)
(213) 482-5902 – Magnolia site

Covina United Methodist Church

(626) 339-7386
M-Thur 9am – 4pm
Fri. 9am-12pm
Information and referral service
Group meetings held at church

Vincent Children Center

1024 W. Workman Ave.
West Covina, Ca 91790
(626) 472-6330

WIC Program

(888) 942-2229 (English/Spanish)

Homeless CalWORKs Families Project Prototypes ICAN

11001 E. Valley Mall, #300
El Monte, CA 91731
(626) 442-0710
Assists with Housing, Transportation &
Childcare Also Job leads, Education, Food
Stamps & Medi-cal

COUNSELING

Alta Loma Psychological Associates

9089 Baseline Rd., Suite 200
Rancho Cucamonga, CA
(909) 597-1815
M-F 9am-5pm

Levine, Jacks S. Phd. & Assoc.

750 Terrado Plaza, Ste. 246
Covina, CA 91723
(626) 915-0933
Mon-Sat by appointment, sliding scale \$25/hr.
and up. Provides interactive individual, family,
group therapy for men, women, children.

Baldwin Park Counseling Center

1710 W. Cameron Ave.
West Covina, CA 91790
(626) 917-2120
M-F 9:00 – 7:00 pm, Sat 9:00 – 1pm
Sliding scale \$25. And up
Provide individual and family therapy for drug
and alcohol abuse, family/marital problems,
physical/sexual abuse, and adolescent
problems.

California Family Counseling Network

368 W. Badillo St.
Covina, CA 91723
(626) 931-1400
Mon-Fri 9:00 – 5:00 pm
Fee sliding scale accepts Medi-Cal. Medicare,
and Victims of Crime, Offers mental health
service connections to psychotherapy.

Center for Integrated Fam/Health

540 S. Eremland Dr.
Covina, CA 91723
(626) 966-1577
Speaks Spanish/Vietnamese
Assist qualified victims of crime apply for
compensation.

Asian Pacific American Legal Center, L.A.

(213) 977-7500
Japanese, Vietnamese, Korean,
Cantonese, Mandarin, Taiwanese,
Spanish
\$20, one time payment, depends on income-
appointment needed
M-F 8am-5pm

Community Care Center

2335 S. Mountain Ave.
Duarte, Ca 91010
(626) 357-3207 – Speaks Spanish
Mon – Fri 9:am–5:00pm
The county contracts for some mental health
services

New Hope/Covina

1175 E. Garvey Ste. 102
Covina, CA 91723
(626) 967-6421 by appointment
Christian counseling center.

East Valley Community Health Center

680 Fairplex Dr.
Pomona, CA 91768
(909) 620-8088
Teen counseling program, job training, abuse,
substance abuse, mental health, birth control,
dental pregnancy testing, STD's and HIV testing,
One-On-One counseling support groups.

Azusa Pacific University Community Counseling Ctr. & Pediatric Neuro Development Institute

(626) 815-5421
M- Thur. 9am – 9pm
Fri. 9 am – 6 pm, Sat. 9am – 2pm
Spanish, Mandarin and Cantonese spoken
Slide scale \$25 - \$90

AEGIS MEDICAL SYSTEMS, West Covina

www.aegismed.com
Outpatient detox program HIV testing
Mon – Fri 5am – 1:30pm (closed 9:30-10am)
1825 E. Thelborn St., West Covina, CA 91791
(626) 915-3844-message

The Place Within

**248 E. Foothill Blvd. Ste. 2
Monrovia, CA 91016**

(626) 359-4330 by appointment

Turning Point Counseling

800 998-6329 appointment line
services areas El Monte, Glendora, Pomona,
San Dimas, W. Covina,
Mon-Th 9:00 6:00, Fri 10:00 – 5:00
Full center provides outpatient, individual,
couple, child, adolescent, family counseling,
chemical dependency, eating disorders,
depression, and anxiety.

**Catholic Charities Psychological Services
Clínica de Salud Sagrada Familia**

(909) 763-4970
1265 N. LaCadena Dr. #4 Pomona, CA 91766
Bilingual (Spanish/English), sliding scale,
insurance accepted, by appointment only

Charter Oak/ Aurora Behavioral

1161 E. Covina Blvd., Covina, CA 91724
(626) 966-1632 Hotline/Referrals

Citrus Counseling Center

973 N. Grand Ave
Covina, CA 91724
(626) 967-7585

Co-Dependent Anonymous

Helps to develop healthy relationships
(323) 969-4995 (website: www.coda-tvcc.org)

Shuster Family Services

Harry Shuster/Sharon Starr/Kristin Ohlman
(626) 915-1681
1274 E. Center Court Dr., Suite 112
Covina, CA.

**East Valley Community Health Center
West Covina**

(626) 919-5724 or (626) 919-3402
Mon-Th 7:15am-8:00pm
Fri 7:15am-5pm, Sat. 7:15am – 2pm
Family Planning, HIV testing, other counseling &
medical services, Medi-Cal, no one turned away
English/Spanish spoken. Services areas W.
Covina, Covina, La Puente, Baldwin Park,
Azusa, Rowland, Glendora, El Monte, Pomona,
Claremont.

Safety Education Center

1515 W. Cameron Ave
West Covina, CA 91790
(626) 960-3977
Outpatient treatment, DUI, Spanish spoken

The Family Center

540 S. Eremland Dr.
Covina, CA 91723

Children-Healthy-Families

(626) 858-3315
Adults (626) 966-1577
540 S. Eremland, Covina
Mon- Fri 9:00 – 9:00pm
Sliding scale \$3-\$90
Accepts Medi-Cal for kids, child abuse treatment
Adult and children therapy, parenting groups,
anger management classes, adolescent therapy
ages 12-17, teen/adult dependency.

Foothill Family Service

1530 W. Cameron Ave.
West Covina, CA 91790
(626) 993-3000 Mon-Fri 8:00 – 9:00 pm
Intake/appointment 1 866-304-4337
Case management programs for pregnant and
parenting teens, marriage & family therapy.
www.foothillfamily.org

**Foothill Family Service/Counseling,
Pasadena**

(626) 993-3000 or (626) 564-1613 or (866) 304-
4337 Medi-Cal, under 18 yrs. or \$30 - 90 slide
scale. English/Spanish spoken

Shepherd's Pantry

657 E. Arrow Hwy #3
Glendora, CA
(626) 852-7630
Walk-in Food & Clothing Service
Home Food Delivery Service
Children's Reading Tutor Program
Resource Counseling & Job Search Assistance
Call for information.

Glenkirk Presbyterian Church

1700 Palapinto Ave.
Glendora, CA 91741
(626) 914-4833
Mon-Fri 9:00 -5:00pm
Tues 10:00 – 5:00pm
Workshops and support groups for grief, cancer,
anger mgmt,

Haven House Youth Talkline, Pasadena

(323) 681-2626 24hrs/7days week
Administration (626) 564-8880

**Jewish Fed. Of Greater San Gabriel &
Pomona Valleys**

114 W. Lime Ave.
Monrovia, CA 91016
9am – 5pm M-F
(626) 445-0810

Jewish Services

1109 San Bernardino Rd.

Ste. 140
Covina, Ca 91722
(626) 967-3656
Information, referral and advocacy for family
and individual. Hours vary; appointment req.

La Puente Valley Community Mental Health

160 S. 7th Ave.

La Puente, CA 91746

(626) 961-8971 Mon- Th . 9am-6pm

Tu-Wed 9am-7pm, Fri 8am-5pm

Spanish spoken, provides outpatient services for adults and children, day treatment programs, psychiatric emergency care.

Pacific Clinics/East Youth Day Treatment

(626) 303-1541

Monday – Friday 9 am – 5 pm

Counseling for the emotionally disturbed

Pacific Clinics/East

902 S. Myrtle Ave.

Monrovia, CA 91016

(626) 357-3258

Mon-Th 9:00 – 8:00

Tu 9:00 -6:00

Fri 9:00 – 5:00

Outpatient/Youth Day Treatment, provider for Dept of Mental Health.

California Youth Crisis Line

(800) 843-5200

24-hour, confidential hotline

Pacific Clinics/Asian Pacific

9353 E. Valley Blvd. #2002

Rosemead, CA 91770

(626) 287-2988

Provides outpatient mental health, Substance abuse treatment, to Asian children, youth and adults.

**Charter Oak Hospital/Aurora Behavioral**

(800) 654-2673 - Hospital 24 Hours, 7 Days
Private insurance; free consultation; Medical for teens & after 65yrs. Spanish

Ingleside Hospital

(626) 288-1160 (24 hours)

Adults only. Will accept Medi-Cal & Medicare, only. Spanish, Chinese

Los Angeles County Dept. of Mental Health**Access Center Hotline**

(800) 854-7771

Rape Crisis, Project Sister - Claremont

(909) 626-4357 (626) 966-4155

24 Hours

Rape Hotline Exchange, Pasadena

YWCA (free)

(626) 793-3385

(626) 793-5171 (Business Dept.)

Support and Referrals Youth

Runaway National Safeline

(800) 786-2929 or (800) runaway

Help on-call Referral

Inland Empire united Way

2624 Hermosa

Rancho Cu, CA

(909) 980-2857 (ext. 211)

Suicide Prevention

(800) 273-8255 – 24 hrs.

Teen Line Cares

(310) 855-HOPE (4673)

Teens helping teens

6:00 pm – 10:00 pm

Tri City

Crisis and Emergency Services

(909) 623-9500 (Pomona, La Verne, Claremont only) Adults(clinically ill) children w/medi-cal

2008 N. Garey Ave.

Pomona, CA 91767

Parent Institute for Quality Education

902 N. Grand Ave. Suite 200

Covina, CA 91724

(714) 540-9920

Sierra Psychological

1272 Center Court Drive, Suite 104

Covina, CA 91724

(626) 966-5644

Village Oaks Counseling Services

1338 Center Court Drive, Suite 102

Covina, CA 91724

(626) 339-2140

Citrus Valley Hospice

820 Phillips Ave., West Covina, CA
(626) 859-2266
Support for grieving adults, adolescents, and children

EMERGENCY SERVICES**Emergency Hospitals****Life or Death Situations - CALL 911**

Covina Inter Community Hospital
(626) 331-7331

Foothill Presbyterian Hospital, Glendora
(626) 963-8411

Queen of the Valley Hospital
(626) 962-4011

East Valley Medical Center, Glendora
(626) 852-5000

San Dimas Hospital
(909) 599-6811



Police

Covina Police Department
(626) 384-5595

Irwindale Police Department
(626) 430-2244

Glendora Police Department
(626) 914-8250

West Covina Police Department
(626) 939-8500

L. A. County Sheriff
(626) 575-4180 or (909) 599-1261

FOOD ASSISTANCE

American Red Cross
(562) 945-3944 Whittier
(800) 448-3543 Pomona
Website: www.sgpvarc.org

**Catholic Charities****San Juan Diego Center**

(626) 575-7652
4171 N. Tyler Avenue
El Monte, CA 91731
Monday - Friday
9 am – 12 pm & 1 pm – 3 pm
(Closed 12-1)

Catholic Charities**Brother Miguel Center/Homeless Prevention**

(909) 622-4621
315 N. Park Ave.
Pomona, CA 91768
M – F 9am–1pm

Covina Emergency Aid with Food

(626) 384-5250 (Covina residents only)
534 N. Barranca Avenue
Covina, CA 91723
M.-W-Thur. 10 am – 2 pm

El Monte District

(626) 569-3691
3350 Aerojet Ave. (M-F 8am-5pm)
El Monte, CA 91731
(foodstamps, medi-cal, cal-works)

Christ's Church of the Valley

1404 West Covina Blvd.
San Dimas, CA 91773
(909) 592-2282
Food Bank www.ccvsocial.com
Counseling Service (sliding scale)
Attn: Ron Hall

EMERGENCY FOOD BANK**Shepherd's Pantry**

(626) 852-7630
657 E. Arrow Hwy #3
Glendora, CA
Monday, Wednesday & Friday

Covina Assembly of God Church

250 E. San Bernardino Rd.
Covina, CA 91723
(626) 966-4488

First Presbyterian Church

310 N. 2nd St.
Covina, CA 91723
(626) 332-6251

St. Frances of Rome, Azusa

(626) 969-1829 (proof of residency needed)
Second Saturday of the month 9 am – 11 am

Foothill Unity Center
Neighbors Helping Neighbors

415 W. Chestnut Ave. Monrovia, CA 91016
Mon.- Fri. 9am-5pm; food dist., M-W-F 9am-11:30am) Need to pre-register.
(626) 358-3486
www.foothillunitycenter.org

Meals on Wheels

(909) 621-4018

Inland Valley Hope Partners

(909) 622-3806
Food assistance/housing

Sowing Seeds for Life

1350 Arrow Highway
La Verne, CA 91750
(909) 392-5777
Food assistance
1st. & 3rd. Wed. 3 – 5 pm

HEALTH SERVICES

Advent Home Health Care Services

1128 E. Route 66 (M – Fri. 8am-5pm)
(626) 852-1985
Glendora, CA 91740

AltaMed Health Services

1300 S. Sunset Ave. West Covina, CA 91790
(626) 960-6999
Free confidential HIV Testing, STD testing and treatment. Website: www.altamed.org.

**American Lung Association of
Los Angeles County**

California Smokers' Help line
(800) NO BUTTS (English)
(800) 45-NO FUME (Spanish)
(800) 838-8917 (Chinese)
(800) 933-4-TDD (Hearing Impaired)

American Lung Association

3325 Wilshire Blvd. #900
Los Angeles, Ca 90010
(213) 384-5864
Program behavior, learn how to change and cope with withdrawal

American Liver Foundation

(310) 670-4624 info line – L.A.
(212) 668-1000 main line N.Y.C.
National information and referral services for liver diseases

**American Social Help Assoc., STI resource
Center**

National Hotline
(800)227-892 Specialist
8 am-8 pm (www.ashastd.org)

Azusa Health Center

150 N. Azusa Ave. Azusa CA 91702
(626) 969-7885 (8:30am –5:00pm phones only)
M-F 8:30 am – 5:30 pm
Saturday 8:00 am – 2:00 pm

Asian Youth Center

100 Clary Ave.
San Gabriel CA. 91776
(626) 309-0622
Mon-Fri 9:00 -6:00pm
Goal to prevent and minimize Asian youth involvement in anti-social behavior, services include drug, tobacco, alcohol, and gang prevention.
www.asianyouthcenter.org

Dr. Hernandez Optometry

15330 Amar Rd.
La Puente, CA 91747
(626) 961-0432
Low cost eye exam & prescription
Medi-Cal, Health Family, VSP and ability to pay

Children's Dental Outreach Clinic

17800 Renault, La Puente
Wed. & Fri. 8-11am only
(626) 964-4798

**Citrus Valley Medical Center
Inter-Community Campus**

210 W. San Bernardino Road
Covina, CA 91723
(626) 331-7331
(626) 859-5894 Fax
24 hour emergency center, health education

Dentist

(800) DENTIST (336-8478)
Referrals/website: www.1800dentist.com

Right to Life

(626) 398-6100
1028 N. Lake, #207
Pasadena, CA 91101
Mon-Friday (am-5pm)

East Valley Community Health Center

(626) 919-5724

M-T-W 8am-7:30pm, Th – 8am – 8pm, Fri 8am - 5pm, Sat 8am – 2pm

Family planning, other counseling & medical services, Medi-Cal, slide scale, no one turned away

LACUSC Healthcare Network/El Monte Comprehensive Health Center/USC Health Network

10953 Ramona Blvd.

El Monte, CA 91731

(626) 579-8463 (Spanish spoken)

HIV-AIDS-So. Calif. 800-367-2437

Hepatitis & STD hotline also

Overeaters Anonymous

1157 E. Arrow Hwy., #4, Glendora 91740

(626) 335-3355

Sat 10 am – 1pm

All eating problems

12 step program (no dues/fees)

www.overeatersanonymous.org

BHC Alhambra Hospital

4619 N. Rosemead Blvd.

Rosemead, CA 91770

(626) 286-1191/800-235-5570

Substance abuse services, detox, outpatient for adults, adolescents, family, eating disorders

Free AA, CA, NA and AIDS

Canyon Ridge Hospital

5353G. Street

Chino, CA 91710

(909) 590-3700

Private acute psychiatric facility treatment drug and alcohol program adults, seniors, adolescents, in/outpatient, phone or walk in free referrals.

CASA de Las Amigas

160 N. EL Molino Ave.

Pasadena, CA 91724

(626) 792-2770

Mon-Fri 8:00-5:00pm.

Sliding scale/ability to pay

Alcohol recovery program, Women only ages 18-64, day treatment, outpatient, sober living.

Pasadena Planned Parenthood

1045 N. Lake Ave., Pasadena, CA

(626) 798-0706

M 8:30am-5pm, Tu 8 am-3 pm & 4:30 pm -9 pm

Wed. 8:30 am-5 pm, Thur. 11 am-7:30 pm

Fri. 7:30 am – 4 pm, Sat. 8 am – 2 pm (closed Sun.)

Education, medical exam, speakers, outreach, peer counseling, etc.

Peachwood Physical Therapy & Sports Medicine

750 W. Route 66, Ste N

Glendora, CA (M-W 7 am-6 pm, Tue 8 am-4 pm,

Th 8 am-6 pm Fri. 7 am-5 pm

(626) 335-4077

Poison Control Hotline

(800) 222-1222

Pomona Health Center

(909) 868-0262

750 South Park Avenue

Pomona, CA 91767

www.lapublichealth.org/spa3

Immunizations, STD testing and treatment, HIV testing

Pregnancy Help Center

5626 N. Rosemead, Temple City

(626) 309-0788 or (626) 444-4357 (Mon.-Th

12pm – 6pm)

Free pregnancy testing, counseling, clothing, housing, post abortion counseling

San Gabriel Valley Dental Society

(626) 285-1174

312 E. LasTunas Dr., San Gabriel, CA

[24-Hour emergency referrals]

Visiting Nurses Association

60 Pointe Dr., #101, Brea, CA 92821

(M–F 8:30am – 5pm)

(888) 865-2903

Pomona Community Crisis Ctr.

240 E. Monterey Ave.

Pomona, CA 91767

(909) 279-1547

Mon-Th 10:00-4:00

Tues 9:00-6:00

Wed-Fri-Sat 9:00-4:00

PC 100 drug diversion program for st time court ordered related arests. Classes for 20 weeks, adults 18yrs+ fee broken down into weekly payment

HOMELESS SERVICES**B.R.I.D.G.E.S. / Casitas Pacíficas**

11927-31 Elliot Avenue

El Monte, CA 91732

8am – 4:30 M-F

(626) 350-5304

**Catholic Charities
Brother Miguel Center**

(909) 629-0472
315 N. Park Ave.
Pomona, CA 91768
M – F 9:00 a.m. – 1:00 p.m.

Inland Valley Hope Partners

Shelter Program/food bank
(909) 622-3806 (Spanish/English)
1753 N. Park Avenue
Pomona, CA 91768
M – Th 8 am – 6 pm
www.inlandvalleyhopepartners.org

St. John's Vianney Church, Hacienda Hgts.

1345 Turnbull Canyon Rd., Hacienda Hgts
(626) 330-2269 (behind church)
Zip codes: 91744-48 only
M-F 8:30am – 1:30pm (homeless svcs)

Volunteers of America (support for homeless)

(626) 337-9878
1760 W. Cameron
M – F 8 am – 4:30 pm
West Covina, CA 91790

Love, Inc

P. O. Box 3505
Covina, CA 91722
(626) 858-3300 Client Helpline
(626) 858-3304

Area Churches provide emergency assistance to the needy. Monday – Friday 9am to noon
Service provided to residents of Azusa, Covina, Glendora, San Dimas & West Covina

Parents Place/Family Resource Center

1500 S. Hyacinth Ave, "B"
West Covina, CA 91791
(626) 919-1091

www.familyresourcenetworklac.org

Emergency assistance, tutoring, housing.

West Covina Community Services

1444 W. Garvey Ave. South
West Covina, CA 91790
(626) 939-8430
(888) 50-NEEDS

One-stop center for individuals who are homeless within the E. San Gabriel area, to include assistance with housing, medical referrals, and referrals for other community resources. M-Th. 9-12, 1-4:30pm and Friday 9-12 noon

**Inlandvalley Hope Partners-Our House
Shelter Intake**

1753 N. Park Ave. Pomona, CA 91768
Shelter intake by appointment only M-TH
9:00am – 12:00noon
Families only. In Pomona for 1-2 night max stay
909-622-3806-#107 Service/Intake

LEGAL SERVICES

Covina Crime Stoppers/Tip Line

(626) 384-5595 or (800) 78-CRIME
Will pay you for information leading to arrest.
DO NOT need your name.

**District Attorney's Victim-Witness
Assistance**

Pomona Courthouse
(909) 620-3381 or 3382
400 Civic Center Plaza, Room 201
Pomona, CA 91768

LA County Neighborhood Legal Services

(800) 433-6251
M-F 9:00 am – 5:00 pm

Mediation Resources

415 W. Foothill Blvd.
Claremont, CA 91711
(909) 621-0092

The Alliance For Children's Rights

3333 Wilshire Blvd., Ste. 550
Los Angeles, CA 90010-4111
(213) 368-6010 (M – F 9am-5:30pm)

We, the People, Pasadena

963 E. Colorado Blvd.
Pasadena, CA (M-F 9am-4pm)
626) 535-0100

We Tip National Hotline

(800) 782-7463 - 24 Hours
Will receive information anonymously about persons suspected of selling drugs or committing major crimes.

OTHER SERVICES

Adoptions

L. A. County Children's Services

532 E. Colorado Blvd.
Pasadena, CA 91101 (626) 229-3792
Gen. Info/Applicant intake (888) 811-1121
(<http://dcfs.co.la.ca.us>)

Adult Education AUSD

(626) 939-4456
7:30 am - 4:30 pm
6:00 pm - 9:00 pm

American Red Cross

430 Madeline Dr. Pasadena, CA 91105
(626) 799-0841- San Gabriel Valley Chptr.
(www.sgpvarc.org)

Operation School Bell/Assistance League of Covina

636 E. San Bernardino Rd. Covina, CA 91723
(626) 332-3474(school refers-app't needed)
Clothing Assistance

Joselyn Senior Center

815 N. Barranca Ave
Covina, CA 91723
(626) 966-6378
Information and referrals, lunches, recreational activities. Assistance with medical, legal & financial services

West Covina Senior Citizens Center

2501 East Cortez Street
West Covina, CA 91791
(626) 331-5366
Center offers Recreational activities, information & referrals, lunches, Assistance with social security, taxes, medical & educational services.

YWCA Intervale Senior Services

943 N. Grand Ave. Covina, CA 91724
West Covina, CA 91790
(626) 960-2995
"Urgency case management" to seniors in San Gabriel & Pomona Valleys providing crisis intervention, outreach & referral services.

**After Hours Elder Abuse Hotline
(877) 477-3646****Senior Citizens Information & Assistance
(909) 948-6235****Covina City Hall**

123 E. College St.
Covina, CA 91723
(626) 384-5400 or (626) 384-5430

Covina Parks and Recreation

1250 N. Hollenbeck Ave. Covina, CA 91722
(626) 384-5340

California Highway Information Cal Trans

(800) 427-7623
24 hour recorded messages about highway conditions

Department of SOCIAL SERVICES DPSS

2040 W. Holt, Pomona
(866) 613-3777 (M-F 8-5pm)
AFDC, general relief, food stamps, Medi-Cal, Cal-Works

Employment Development Department (EDD)

933 S. Glendora Ave.
West Covina, CA (M-F 8am-5pm)
(626) 814-8234
Job placement
Assistance in filing unemployment claims
www.edd.ca.gov

Foothill Unity Center**Neighbors Helping Neighbors**

(626)358-3486 or (626) 358-8224 (fax)
415 W. Chestnut Ave.
Monrovia, CA
M – F 9am – 5pm
www.foothillunitycenter.org
-Transitional Services for Victims of Domestic Violence
-Motel Voucher Program
-Clothing/Household Goods Voucher
-Referrals to educational assistance, long-term shelter, etc.
-Full family food programs

L. A. County Graffiti Hotline

(626) 812-5200 Azusa
(626) 939-8800 W. Covina
(800) 675-4357-other L. A. Counties

L.A. Works**Employment Development Specialists**

5200 Irwindale Ave
Irwindale, CA 91706
(626)960-3964
M – F 8 a.m.-8pm, Tu/Th 8am-7pm
Employment for high-risk youths age 17 ½ – 21
Healthy Families, CARE Program.
website: www.LAWorks.org

Shepherd's Pantry

657 E. Arrow Hwy, #3
Glendora, CA
(626) 852-7630
Walk-in Food & Clothing Service
Home Food Delivery Service
Children's Reading Tutor Program
Resource Counseling & Job Search Assistance

Pomona Neighborhood Services Center

999 W. Holt Ave. Suite D, Pomona, CA 91768
Deputy Director, Elmer Riley or Luisa Holguin
M-Tu-Fri. 10am-4pm
(909) 620-7691

Recreation, City of Covina

(626) 384-5340

San Gabriel Valley Service Center

(626) 575-5431

Social Security Office

(800) 772-1213

Probation Department

(626) 575-4059

National Suicide Prevention Lifeline

(800) 273-8255

Trevor Project - LGBTQ

(310) 271-8845

Volunteers of America

West Covina – (626) 442-4357

El Monte – (626) 337-9878

LA County ACCESS Center (24 hr info Helpline)

(800) 854-7771

Healthy Families Medi-Cal for Children

(800) 747-1222

Medi-Cal phone Support

(800) 541-5555

Hope Center/Outreach Team

13001 Ramona Blvd. Suite I, Irwindale, CA

(626) 337-3828 /

BMCGUCKIN@PACIFICCLINICS.ORG

T & TH 9am-8pm, WED, FRI, SAT 9am-5pm

Housing, Employment, Food/Clothing,

Transportation, Hygiene, Healthcare, Education

Teenline – Teens helping Teens (6-10pm)

(310) 855-4673

Test “TEEN” to 839863 between 5:30pm and 9:30pm PST to speak with our peer counselors

Family Outreach Svs-Pacific Clinics/Covina

(626) 967-1667

Counseling, Medi-Cal, Healthy Families only

Foothill Family Svs/West Covina, El Monte

(626) 993-3000

Counseling, sliding fee, Medi-Cal up to 19 yrs

McKinley Children’s Center/San Dimas

762 Cypress St. San Dimas, CA 91773

(909) 599-1227

Counseling & medication, Medi-Cal only

New Hope Christian Counseling/Covina

(626) 967-6421

Counseling, sliding fee

San Gabriel Children’s Center/Covina

(626) 859-3620

Counseling & medication, Medi-Cal only)

The Almansor Center

Mental Health Programs

205 Pasadena Ave.

Pasadena, CA 91030

(323) 344-5536

or 5900 Eastern Ave., Suite 138

Commerce, CA 90040

(323) 622-0715

Pacific Clinics Sierra Family Center

1160 S. Grand Ave.

Glendora, CA 91740

(626) 335-5980 Call Center 1(877) 722-2737

This site offers several kinds of therapeutic services.